

DO IT YOURSELF TREATMENT

These directions are a general idea of what needs to be done for a great treatment! Hair type and severity will play a part in how you prepare the hair so the comb will work effortlessly. The Terminator comb is the only comb that works well and Dimethicone (silicone) oil is the best non-toxic treatment and can be used every day if you want. If you choose a pesticide product (i.e permethrin or pyrethrin) follow the label carefully. Lice Control sells both of these products.

- ❖ We feel the comb works better on dry hair. If you need to add products to ease combing, start with water and move on to other conditioning products. Use minimal and apply more only as needed.
- ❖ If the hair is super curly or tight curled, you may have to straighten the hair. This website will help <http://www.wikihow.com/Straighten-Curly-Hair>
- ❖ If your child has very thin hair and you feel the lice comb is not working, mix a little baking soda into a bowl with conditioner and water. Use just enough baking soda to feel the grit in the mix. Apply to hair before using the lice comb.
- ❖ Fluorescent light is highly recommended to show the eggs clearly. A Daylight spectrum fluorescent bulb is even better.

Read these directions in their entirety before beginning!

Comb wet or dry

A Lice comb, hair clips, light (fluorescent recommended), white bowl or plate, conditioner in a spray bottle mixed with water, and 3X magnifying glasses will make your combing experience more successful.

These videos can be very helpful <https://youtu.be/DAeScC5QE0A> / <https://youtu.be/jf0vb1snqAI>

If you purchased the oil treatment follow the directions on the bottle and treat first before you comb.

1. Part hair into squares.
2. Place the lice comb in the part of the hair and flat on the scalp slightly tilted.
3. Push the comb into the hair as far as possible. If you experience resistance when you run the comb through the hair because of hair type, stop, reset the comb, and don't push the comb as far in the hair as before.
 - ❖ **Do not allow the hair to withdraw more than halfway out of the end of the comb teeth for better removal.**
 - ❖ **Keep the comb on the scalp and follow the shape of the head without lifting the comb.**
4. After pulling the lice comb through to the ends of the hair, move the comb over the top of the bowl and strum the teeth of the comb to dislodge eggs and lice. If the wet method is chosen, use a slightly moist towel to wipe the comb.
 - ❖ **Comb in a direction away from you when you reach the end of the hair as to not lice and eggs onto yourself**
5. Repeat combing down and then sideways until no more lice or eggs are found.
6. Repeat this process around the entire head.